



# **RIGHT RESPONSE™**

## **Workshop Syllabus**

**Title: RIGHT RESPONSE™ Recertification Workshop (1 CREDIT)**

**COURSE DESCRIPTION:** Attendees in this workshop will review the cycle of risk management and response. The focus of this workshop will be on honing the De-escalation techniques. A review of the self-protection skills will be practiced for personal safety. Time is provided to address specific challenges experienced by attendees during their previous certification period. **Please note: In order to receive the credit, the class participant needs to complete 6 practicum hours in addition to the required classroom hours. Please read the Practicum section of this syllabus.**

### **REQUIREMENTS FOR COURSE COMPLETION FOR ALL PARTICIPANTS:**

- 1) Current RIGHT RESPONSE Elements, Elements+, Advanced or SECURE certification or certification which no more than ninety (90) days expired. If attendee's RIGHT RESPONSE or SECURE certification is more than ninety (90) days expired, the attendee must complete a RIGHT RESPONSE Elements Certification Workshop to recertify.
- 2) Attend all workshop sessions in a safe and ethical manner
- 3) Active participation in all discussions, intervention activities and in-class assignments.
- 4) Participate in physical activity. Due to the nature of the skills taught in the Physical Safety section of the workshop, you may be participating in strenuous activities, such as simulating physical safety techniques. If you have a medical condition or disability that may prevent you from taking part in a skill session, or if you have any questions about your ability to participate fully in this course, discuss them with your health-care provider and the appropriate person in your Administration before you start your course. Wear comfortable clothing to the workshop; you may be working on the floor.

**LEARNING RESOURCES/REQUIRED TEXTS:** RIGHT RESPONSE Recertification Workbook (Required), Learning Journal (Optional)

### **GENERAL COURSE GOALS:**

#### **Part 1 - Basic Skills**

- A) Prevention
  - 1) What Is The RIGHT RESPONSE? You will review how to make the most of the philosophy and the process taught in this workshop in order to maximize your prevention efforts.
  - 2) Optimal Performance Range- You will review the stress cycle and that stress can elicit an Optimal Performance Range of response.
  - 3) Self Care- You will review strategies to manage stress and help find an Optimal Performance Range.
- B) De-escalation
  - 1) De-escalation Process- You will review the de-escalation process and its context.
  - 2) Self- You will review intervention strategies for applying the de-escalation process.
  - 3) Others- You will review basic intervention strategies to use during an escalation.
  - 4) Environment- You will review basic intervention strategies to use in the environment.
- C) Postvention
  - 1) Postvention Learning- You will review how to analyze incidents to better manage them in the future.
- D) Physical Safety
  - 1) Basic Skills- You will review basic movements, avoidance, repelling, and protection safety techniques.

**GRADE REQUIREMENTS: Participants must complete the required written assignments as described below in order to receive credits.** Letter grade options available:

B/Pass – Complete the 6 practicum hours (submit required written assignment).

A – Complete the Reflection and the required 6 practicum hours (submit required written assignment).

## ASSIGNMENT FORMAT:

Please write your name, date of class, and the title of your written assignment with corresponding practicum hours for the assignment. Please make sure that the practicum hours on each written assignment should total the required number of practicum hours for the class. Written assignments must be in 10 or 12 size font, single spaced with top & bottom margins at 1 inch and left & right margins at 1.25 inch margins.

**PRACTICUM:** Choose 2 or 3 written assignments that total 6 practicum hours. For example, complete p. 12 (4 hours) and p. 24 (2 hours) to satisfy the 6 practicum hours required.

Reflection: What concept struck you the most from your recertification class? Why? (1 page minimum)

P. 12 Self-Care Plan – Implement the Self-Awareness Plan you wrote during the class for 30 minutes during a 5 day period. Write your assessment on the effectiveness of your Self Awareness Plan in reducing stress at the work place. Please attach a copy of your Self Awareness Plan from page 12 of your RIGHT RESPONSE workbook. (2 pages minimum) (4 practicum hours)

P. 14 De-escalation Process (Self) – Using the concepts from De-escalation Process, describe how you use the principles on assessing yourself. How do you respond using the assessment tools described in the De-escalation Process? Give examples of paralanguage that you have used in your responses. How would you apply the 3 Guiding Principles of the RIGHT RESPONSE to your responses? (2 pages minimum) (3 practicum hours)

P. 15 De-escalation Process (Others) – Using the concepts from De-escalation Process, describe how you use the principles on assessing the escalated person – your student/client. What paralanguage works for your student/client? What safety issues do you need to be aware of? What triggers do you need to avoid? What Basic Principles of De-escalation works for your student/client? (2 pages minimum) (3 practicum hours)

P. 19 Components of a Proactive Environment – Choose 2 components of a Proactive Environment. Explain how you implemented each component in your environment. (2 pages minimum) (3 practicum hours)

P. 22 Functional Assessment – Explain the process of how you used Functional Assessment to a specific challenging behavior in your environment. (2 pages minimum) (3 practicum hours)

P. 23 Outcomes of Behavioral Interventions – Explain how you used the different Behavioral Intervention strategies described in page 23 to provide Positive Behavior Support to a student or client. (3 pages minimum) (4 practicum hours)

P. 24 Adapt To The Motivator – Pick a motivator that is most likely a motivator that your student/client engages in. Explain how you would use the following to respond to the escalation: Paralanguage, Basic Principles, Triggers to Avoid, and the specific Motivation Model response. (2 pages minimum) (2 practicum hours)

P. 25 Restabilization – Describe how you would recognize that your student/client has restabilized? What do you use as indicators? How do you help him/her continue to restabilize? Please remember confidentiality. (2 pages minimum) (2 practicum hours)

P. 26 Postvention Teaching – Implement the Postvention Teaching on a student/client. Describe how the process worked with your student/client. What did you learn about your student/client from the process? Please remember confidentiality. (2 pages minimum) (4 practicum hours)

P. 26 Critical Debriefing – Implement a Critical Debriefing plan at your work place. Write a description on how the process was implemented; how did you overcome the barriers, if any. Describe when and how post-crisis debriefing will take place in your work place. (2 pages minimum) (4 hours practicum hours)

P. 27 Standards of Implementation – Describe how your setting implements the standards listed in your setting on page 27. (2 pages minimum) (2 practicum hours)

Submit finished assignments postmarked within 2 weeks from last seminar session to:

RIGHT RESPONSE Credit Hours  
PO Box 445  
Woodinville, WA 98072-0445

Be sure to label your papers with your name and include your return address.